

# 4-H Crafts Series

## Discovering Crafts

### Scrapbooking



#### Introduction

Scrapbooking or preserving pictures and memories has been a part of many families since the introduction of cameras and the first photographs became available. Photographs glued on hard cardboard backing were the first records many families have of their ancestors.



Originally photo albums were black pages and photo corners or glue were used to attach the photos to the pages. Sometimes memorabilia like ribbons, tickets or pressed flowers were added to the pages as well.

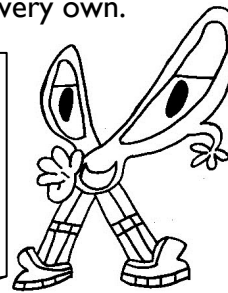
Over the years scrapbook/photo album styles have changed. Today there are a great many styles of photo safe scrapbooks on the market. What style do you want to use to create a great record of things you have done and seen on your own or with your family?



In *Discovering Scrapbooking* you will find out what tools make the task easier, about designing a page, colour basics, cropping and matting, telling a story and how to embellish the pages to make them your very own.

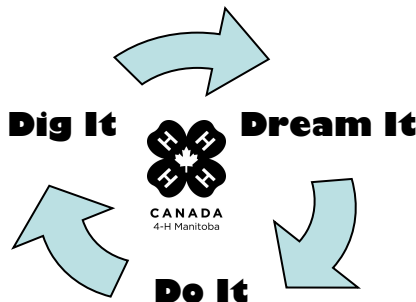
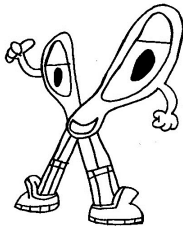
#### More Scrapbooking!

This More Scrapbooking box will appear throughout the manual. Check out the great website link ideas wherever you see More Scrapbooking. These links will lead you to fun online content to help you with your 4-H project.



#### Meet Snips!

Snips is a pair of scissors that knows lots of stuff! Snips will tell you neat and important information throughout



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- Revised 2019 -

#### Learning is 3D!

To help you get the most out of your learning, each project meeting has the following parts:  
**Dream it!** Plan for success  
**Do it!** Hands on learning  
**Dig it!** What did you learn?

# What Skills Will You Learn?

Each section or Skill Builder (or Builder) in this project has activities that will help your project group learn to do by doing while learning new skills and having fun!

## DISCOVER

To complete this project, you must:

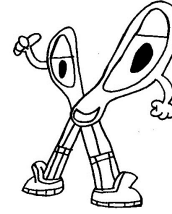
- Complete the activities in each Builder **OR** a similar activity that focuses on the same skills, as you and your leader may plan other activities.
- Plan and complete the Showcase Challenge.
- Complete the Portfolio Page.
- Participate in your club's Achievement (See the inside back cover for more information about 4-H Achievements).

	Members will be able to...	Activities	Page
Skill Builder 1	<b>What You Need</b> <ul style="list-style-type: none"> <li>• Identify tools used in scrapbooking</li> <li>• Explore how to use them safely</li> <li>• Decide what type of scrapbook to use</li> <li>• Keep track of the cost for your project</li> <li>• Find a storage container for your equipment and supplies</li> </ul>	<ul style="list-style-type: none"> <li>• Scrapbooking Store Field Trip</li> <li>• Scrapbooking Project Costs</li> <li>• Photo Foldout</li> </ul>	4 4 4
Skill Builder 2	<b>Page Design</b> <ul style="list-style-type: none"> <li>• Identify photos to use for your project</li> <li>• Create a title</li> <li>• Create balance and a focal point</li> </ul>	<ul style="list-style-type: none"> <li>• Picture Planning</li> <li>• Formal and Informal Balance</li> <li>• Get Scrapbooking (at least 2-4 pages)</li> </ul>	6 7 7
Skill Builder 3	<b>Learning Colour Basics</b> <ul style="list-style-type: none"> <li>• Understand colour schemes</li> <li>• Identify tints and tones of colours</li> </ul>	<ul style="list-style-type: none"> <li>• Tints, Colours &amp; Shades</li> <li>• Get Scrapbooking (at least 2-4 pages)</li> </ul>	9 9
Skill Builder 4	<b>Cropping and Matting Photos</b> <ul style="list-style-type: none"> <li>• Crop photos</li> <li>• Mat cropped and uncropped photos</li> </ul>	<ul style="list-style-type: none"> <li>• Cropping &amp; Matting Practice</li> <li>• Get Scrapbooking (at least 2-4 pages)</li> </ul>	11 11
Skill Builder 5	<b>Telling a Story in Pictures and Words</b> <ul style="list-style-type: none"> <li>• Decide on your writing style</li> <li>• Decide on the theme to write about</li> <li>• Practice writing</li> </ul>	<ul style="list-style-type: none"> <li>• Story Time</li> <li>• Get Scrapbooking (at least 2-4 pages)</li> </ul>	13 13
Skill Builder 6	<b>Adding Embellishments</b> <ul style="list-style-type: none"> <li>• Use embellishments effectively</li> <li>• Explain the cost of your project</li> </ul>	<ul style="list-style-type: none"> <li>• Embellishment Ideas</li> <li>• Get Scrapbooking (at least 2-4 pages)</li> <li>• Finishing Touch Test</li> </ul>	15 15 15
When you successfully complete your builders, you will showcase what you have learned.			
Showcase & Portfolio	<ul style="list-style-type: none"> <li>• Explain success in using the skills listed above</li> </ul>	<ul style="list-style-type: none"> <li>• Showcase Challenge</li> <li>• My Portfolio Page</li> </ul>	17 19

# Skill Builder 1: What You Need

## Snips Says....

Scrapbooking is fun to do and when you have the right tools it is easy to get great looking results. In this builder you will look at different types of equipment and decide what style of scrapbook you will work on. As well as scrapbooking some of the techniques you learn can be used to make smaller items such as mini albums, gift cards and photo cards that can be given as gifts.



DISCOVER

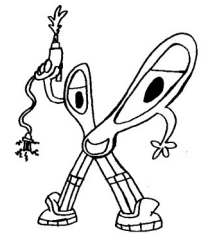


## SKILLS CHECKLIST

- Identify tools used in scrapbooking
- Explore how to use them safely
- Decide what type of scrapbook to
- Keep track of the cost for your project
- Find a storage container for your equipment and supplies

## Important words

Watch for these important words throughout this builder:  
**Albums, adhesives, cutting tools, writing tools**



## Dream it!

To begin any project and be successful you need to plan. In the Dream it! section you will learn about some of the possible tools you might use in scrapbooking.



What type of album are you going to use? What size is it going to be? There are many different sizes and styles available on the market. Once you decide on a type it is a good idea to try and use the same product as you work on scrapbooking. Your pages will be interchangeable and could be used in different albums. What system of page protectors will be used?

Paper enhances the pages of your album. There are many different types and styles of paper to try.

To get the pictures to stick to the pages you need to use a good quality adhesive. Again there are many on the market - what type do you want to use? Pick a product that is easy to use and easy to purchase.



Good quality cutting tools make the job of cropping pictures and other items, that you want to add to pages, easier and neater. Buy the best quality you can afford. Keep your tools together and use them just for scrapbooking.

When it is time to write in your book you want a pen that is acid free but also fade resistant, permanent, waterproof and odourless when dry but also when you are using it.

Finally, the most important part of scrapbooking is your photos. It is a good idea to have your pictures organized and keep track of when they were taken and who is in the picture. Keeping this information with the pictures will help you when it comes time to sort the pictures and put them into an album.

## Do it!

### DISCOVER

#### Scrapbooking Store Field Trip

- Go on a field trip to look at scrapbooking materials and make a decision as to what type of scrapbook you want to use this year for your project.
- Pick 2 unfamiliar items you found in your trip to the scrapbooking store and describe how they would be used. Record your findings below.

Unfamiliar Item # 1

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Unfamiliar Item # 2

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#### Scrapbooking Project Costs

- Start to keep track of the costs of what you have purchased in the chart on the next page.
- Pick a container or bag that you can use to store your supplies in so they are ready to take to your meetings. It can be something you already have at home.

#### Photo Foldout

- Pick a few of your favourite photos (2-6) and make a photo fold out. Your leader has the instructions. It is easy to carry with you, store in your locker at school or give as a gift.



#### Snip's Fun Facts

The word photography derives from the Greek words 'photos' - meaning light and 'graphein' - to draw. Modern photography began in the 1820s.



## Dig it!

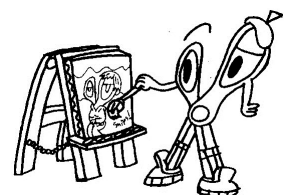
Discuss with your group

- How did your Photo Foldout turn out? What do you feel you did well? there anything you would change next time?
- What type of album do you like and why? What kinds of album and tools you would like to use or purchase?
- What theme or topic would you like to use in your scrapbook?



#### What's next?

In the next skill builder we will start to design pages for your new scrapbook. Gather and bring photos to use for your project's scrapbook. Balance is an important feature to be discussed while designing scrapbooking pages. Bring some old magazines to your next meeting, as you will look for examples of different kinds of balance on pages.



# Scrapbooking Project Costs

How much money are you going to spend on this project? How much did it or will it cost to get your photo's printed? Separate your costs into ones that are reusable (like scissors, pens etc.) and ones that are consumable (items that can only be used once like tape, paper).



Reusable Item	Cost Per Item	Total Cost
Consumable Item	Cost Per Item	Total Cost
<b>Total Project Costs</b>		

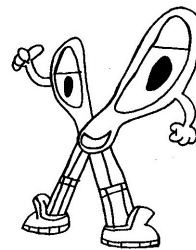


# Skill Builder 2: Page Design

## DISCOVER

### Snips Says...

The photos are the most important element on a scrapbook page. They should be of good quality, in focus, not over or under exposed and have true colours. In this builder we are going to look at the photos and how to design a page to show the photos off in the best way.



### SKILLS CHECKLIST

- Identify photos to use for your project
- Create a title
- Create balance and a focal point

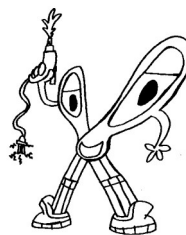
## Dream it!

### Picture Planning

1. The first step is to select photos that you would like to work with. Not every picture that you take needs to be included - look for the best ones - the ones that tell a good story. Three to 5 photos will work for a single page spread. Do you have enough pictures for your whole album?
2. Take a look at the pictures you have brought. Do they tell a story or are some of them out of place? Have you decided on a theme or title for your scrapbook? Is your theme going to carry through the book? Keep in mind all of the pages that you will be working on. Sort your pictures into groups, this can be useful for planning the different pages that you will work on in future builders.
3. Once you have the pictures collected you want to create a title for the page. The title sets the mood for the entire layout and can help you pick colours and embellishments to use later on. You might even have had the title in mind before you gathered the pictures.
4. The next step is to look at the pictures and decide how they will fit on the page. What would the focal point be for the page? Where does your eye look first? Is there one photo that draws the eye ahead of all the rest?



### Important words



Watch for these important words throughout this builder:  
**Focal point, formal balance, informal balance**

- Try and create balance on the page. Place the photos on the page and move them around until they look good and appear to be balanced. You don't want one area overpowering another area. If you are creating a 2 page spread make sure the pages don't appear lopsided, they should flow into each other.
- Formal balance means the layout is the same if you divided the page in half. Each half would have the same elements - number of pictures, matting, embellishments and style.
- Informal balance means the layout is not the same on all parts of the page, but the different elements balance each other. One half of the page might have one large element and the other half has 3 smaller elements.

## Formal and Informal Balance Examples

- Look through magazines and find an example of formal and informal balance. Mount these in your book (in the spaces provided below or on a separate sheet).

DISCOVER

### Formal Balance



### Informal Balance



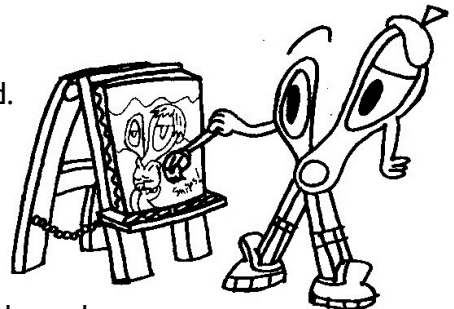
## Do it!

### Get Scrapbooking!

- Start to design and create 2-4 pages for your scrapbook. Make sure you create balanced pages!

## Dig it!

- Think about the builder and the activities you have completed. Review the skills checklist. Have you gained all of these skills?
- Explain to your group your choice of pictures for formal and informal balance.
- Look at your completed pages. Do they have a focal point and are they balanced? How would you explain this to a friend?



What's next?

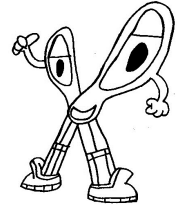
In the next skill builder we will learn about colour basics.

# Skill Builder 3: Learning Colour Basics

## DISCOVER

### Snips Says...

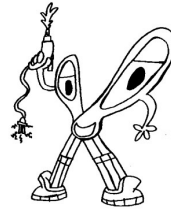
Colour is very important in scrapbooking. There are 3 primary colours - red, yellow and blue. All other colours are made from these 3. Mixing different colours on a scrapbook page can give us interesting results. We need to remember that the photos should be the focal point or highlight of the page and anything else we add is just for interest and a touch of our personality.



### SKILLS CHECKLIST

- Learn about colour schemes
- Identify tints and tones of colours

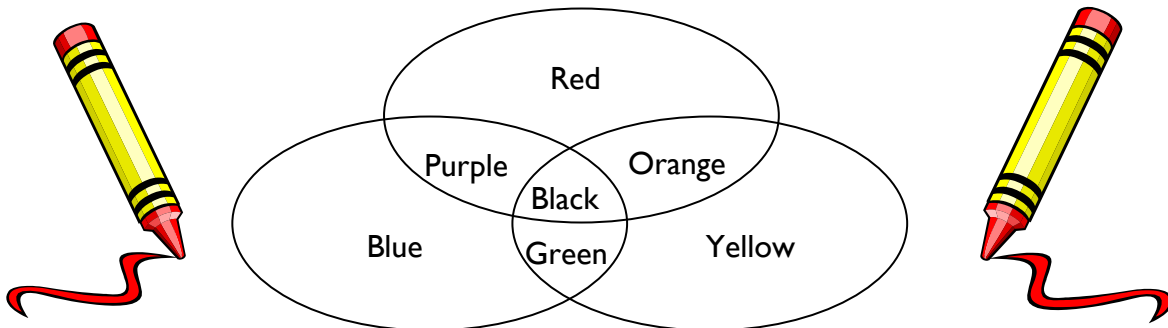
### Important words



Watch for these important words throughout this builder: **Colour, monochromatic, tint**

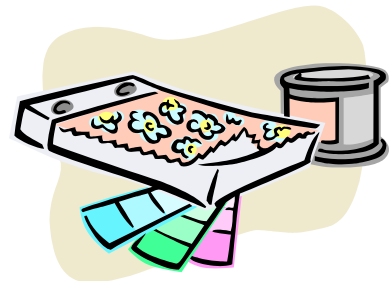
## Dream it!

Colour sets the mood, provides balance and illuminates the photos on your page. Choose colours for background, mats and accents that convey the feelings of the photos and the events they record. With colour, less is sometimes more. Too much colour can be distracting.



Use colours from your pictures. If you have several photos and colours, draw the colours from the focal point photo.

If you are having a hard time picking out a colour scheme start with a monochromatic colour scheme. It uses tints and shades of one colour. For example if you added white paint to red you would get pink (a tint of red) and if you added black to red you would get maroon (a shade of red).



Picking colours can be overwhelming. Choose a colour that will reinforce a mood or feeling from the picture or one that you want to capture to show off the pictures. We often associate colour with holidays and use these automatically but can you add another colour to the page?

Using patterned paper can help to portray a theme or event. Make sure it fits the mood. Does it take away from the page?



## Tints, Colours and Shades

- Select and mount 2 different colours with an example of a tint and a shade of each.

Tint	Colour	Shade



## Do it!

### Get Scrapbooking!

- Continue working on your scrapbook pages looking at how you incorporate colour. Complete at least 2-4 pages for this builder.



## Dig it!

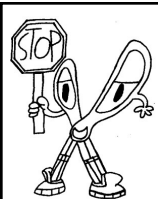
- Think about the builder and the activities you have completed. Review the skills checklist. Have you gained all of these skills?

- Lets review colour

- Tints are made by mixing a colour and \_\_\_\_\_

- Shades are made by mixing a colour and \_\_\_\_\_

- How are you going to use colour on your pages? \_\_\_\_\_



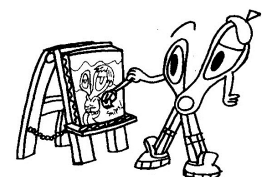
### Snip's Fun Facts

If you plan to use the 4-H logo in your project make sure it is the correct one - in Canada the registered crest is a four leaf clover and it has Canada across the bottom. It is shown here in this box.



## What's next?

In the next skill builder we will learn about cropping and matting photos.

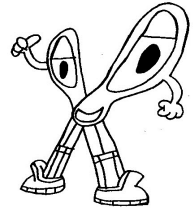


# Skill Builder 4: Cropping and Matting Photos

## DISCOVER

### Snips Says...

Not every picture that you take is worthy of being scrapbooked and you also may not want all of the photo included. Cropping a photo means trimming it. This can be a bit scary the first time but look carefully at the photo and decide what is best to keep or trim to have a great picture.

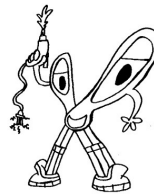


### SKILLS CHECKLIST

- Crop photos
- Mat cropped and uncropped photos

### Important words

Watch for these important words throughout this builder: **Cropping, matting**

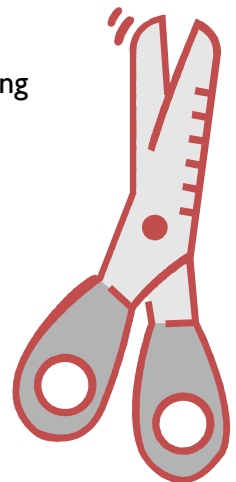


## Dream it!

Creative cropping of a picture can improve its composition by eliminating distracting backgrounds and spotlighting the subject. It can create space for journaling and embellishments on the page.

Before you start to crop a picture you need to ask:

- What is the main subject of the photo?
- Would the subject of the photo look best if the photo were shaped or unshaped?
- Does the photo have items in the background with historical or sentimental value?
- Do you have a backup copy or negative of the photo in case something goes wrong while cropping?



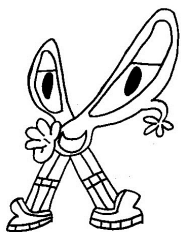
Creative matting of a picture will complement and accent the photo. It will help focus attention on the photos and add visual interest and balance to a layout. Not every photo needs to be matted. The photos are what is important so try not to take away from them or change the intent or meaning of the picture.



### More Scrapbooking!

Check these websites for additional scrapbooking ideas. These online stores have a variety of products, scrapbooking information and tips, tutorials, and creative layout ideas, and imaginative theme ideas.

[www.creativememories.com](http://www.creativememories.com) and [www.archiversonline.com](http://www.archiversonline.com)



## Cropping & Matting Practice

- Pick a photo, crop it, and make some mats for it and mount it below or on a piece of paper to attach to your manual. If you don't want to use one of your own pictures, pick one from a magazine and practice using different styles of mats with it. Be sure to include it in your book.



**Snip's Fun Facts**

Don't crop Polaroid photos. The chemical in the paper will leak and damage your photos. Have a copy made if you need to crop the picture.

## Do it!

### Get Scrapbooking!

- Continue working on pages for your album. Try some cropping and matting of photos. Please complete at least 2-4 pages for this builder.

**Snip's Fun Facts**

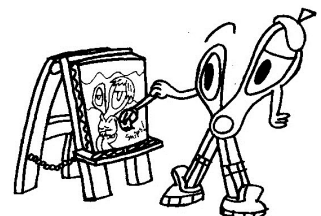
Canola (the yellow flowered plants in farmers' fields) and flax (the blue flowered plants in farmers' fields) can be used in canola printers ink and paper products from flax can be found in Manitoba.

## Dig it!

- Think about the builder and the activities you have completed. Review the skills checklist. Have you gained all of these skills?
- Discuss with your group what technique you used in cropping some of your photos.
- Do you have a favourite cropping or matting technique?

## What's next?

In the next skill builder we will learn about storytelling or journaling.

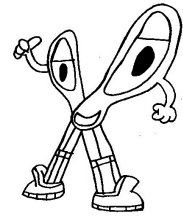


# Skill Builder 5: Telling a Story in Pictures and Words

## DISCOVER

### Snips Says....

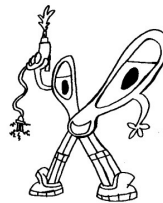
A completed scrapbook page without journaling can be attractive but, to someone who doesn't know the story behind the photos, it can be meaningless. Journaling can answer the who, what, when, why and where questions in point form or in complete paragraphs. The minimum on a page should be a date and the names of the subjects and the location.



### SKILLS CHECKLIST

- Decide on your writing style
- Decide on the theme to write about
- Practice writing

### Important words



Watch for these important words throughout this builder:  
**Journaling, Story telling**

## Dream it!

Journaling or story telling completes your pages. It may feel like the hardest part of the whole album. It is the most important part - you can capture the moment in time with the camera but the journaling tells of the excitement and the emotions of the time. You know what has happened but if others are looking at your album they can read about the pictures and what was happening at the time and how you felt about it. Sometimes it can make a person feel like they are right there in the pictures.



You need to decide if you are going to write in the first (I and me), second (you) or third (he, she, they) person. As well you should think about the 5 W's who, what, why, where and when as you write the story. You can remember exactly who is in the picture and when it was taken right now but in 20 years time you may have forgotten some of the details if they aren't recorded.

## Who? What? Where? When? & Why?

If your pictures have a theme then your journaling should also have a theme. This helps you to focus. The pictures, title, the colours and the story help with that focus as well.

Reactions and other reactions to what your story is about add interest and can help bring your scrapbook to life as you or others read it.



Remember to write out a draft before doing the final copy in your book. Mistakes in coloured ink are hard to correct. Hand writing or printing brings the personal touch to your pages. Computer generated text boxes can also be created - just be sure the paper is acid free.


## Story Time

- Pick a favourite photo of yours and write a short story of 4-6 sentences or points about it. Use the spot below for your photo and story.



PICTURE

STORY

 <p data-bbox="321 850 649 955">CANADA 4-H Manitoba</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
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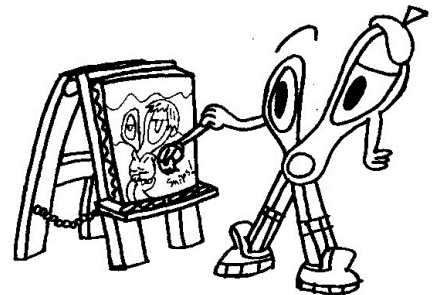
## Do it!

### Get Scrapbooking!

- Continue scrapbooking and journaling all of the pages that you have done so far. Please complete at least 2-4 pages for this builder.

## Dig it!

- Think about the builder and the activities you have completed. Review the skills checklist. Have you gained all of these skills?
- Have you checked your journaling or story for:
  - Correct spelling
  - Appropriate size for photos
  - Neat legible writing or printing
  - No smudges or smears
  - Use of appropriate pens and markers



What's next?

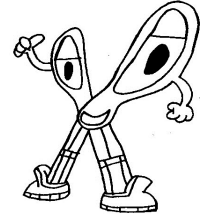
In the next skill builder adding embellishments to your pages will be covered.

# Skill Builder 6: Adding Embellishments

## DISCOVER

### Snips Says...

Look at your scrapbook pages. Is there something you can add that will make the page look really special or stand out from the rest? On your tour to the store, did you find lots of things that you could add to your pages?

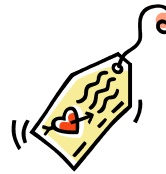


### SKILLS CHECKLIST

- Use embellishments effectively
- Explain the cost of your project

## Dream it!

In this final skill builder on adding embellishments, we will be looking at how to add things like stickers, die cuts, fibers, buttons, tags, charms and other memorabilia to your scrapbook pages.



When you went on your field trip to a scrapbooking store you would have found many different products and ways to embellish or add interest to your pages.

It is always important to remember that the focal point of a scrapbook is the pictures and journaling. Anything else added to the page is a way to enhance it. Don't overdo embellishments as this may distract attention away from the pictures.

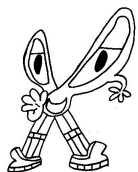
Keep these points in mind when you are working on a page or series of pages:

- Limit the number of embellishments on each layout
- Stick to one kind of embellishment
- Limit the number of embellishment themes on each layout

Just as we need to think about colour, texture, line, shape and space when we are making a craft article you need to think about these elements when we are working on a scrapbook page. The size of embellishments needs to be taken into consideration as well. Too large will detract from the page and too small will make them hard to see and seem out of place.

Adding the right amount of embellishments can bring balance and unity to your page layout. Adding too many can draw attention away from the most important thing on the layout - the photos.

### More Scrapbooking!



The Home and Garden television channel website has some creative scrapbooking ideas and instructions. Check out <http://www.hgtv.com/topics/scrapbooking/index.html>

## Embellishment Ideas

- There are many commercially available embellishments that can be added to pages – but think of some things that don't need to be purchased that you could add. Some examples could be the ticket stub from the music concert you attended, ribbon from a special outfit, a couple of coins from a different country you visited, a piece of school work you are proud of, a prize ribbon from an activity. List some of your ideas in the space below.
- Different or unusual embellishments I might use:




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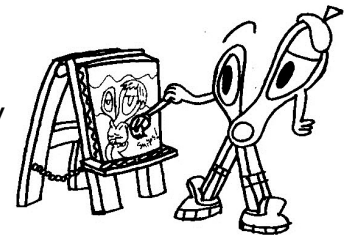
## Do it!

### Get Scrapbooking!

- Continue scrapbooking. Add embellishments to your pages and look at the ones you have done in the past skill builders - can you add embellishments to them? Complete at least 2-4 pages for this builder. Since this is the last builder, your album should be close to complete.

## Dig it!

- Think about the builder and the activities you have completed. Review the skills checklist. Have you gained all of these skills?
- **The Finishing Touch Test - Scrapbooking Album**
  1. Is your album complete and ready to use?  Yes  No
  2. Have you used interesting layouts, paper and embellishments?  Yes  No
  3. Have you effectively used a theme?  Yes  No
  4. Have you used a variety of pages?  Yes  No
  5. Have you cropped, matted and mounted the photos neatly?  Yes  No
  6. Is your journaling neat and easy to read?  Yes  No
  7. If there was any thing that you would change in your work on your scrapbooking pages, what would it be and why? \_\_\_\_\_
- Go back to builder 1 (page 5) and complete the "Scrapbooking Project Costs" chart. What did your project cost? \$\_\_\_\_\_ Could you explain these costs to a friend or family member?



## What's next?

Now that you have finished all the builders in this project it is time to think about and plan for the Showcase Challenge. Make sure all your Discovering Scrapbooking Project Skills Chart is complete on your Portfolio Page. There is also space for you to write down some thoughts and reflections on the project (what you liked and didn't like, etc.).

# Member's Notes



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# Showcase Challenge

*Bringing it all together!*

DISCOVER

Now that you have finished this project, it is time to think about how you will share your experiences and knowledge with others. You may put your new skills to work by helping at a community event or at your club Achievement or teaching others about your topic. The goal of the Showcase Challenge is to help highlight your new skills and help **you** understand how you can use them. It can be an opportunity to receive feedback from others on your project. So go back through your manual and find some highlights of your learning (what you are proud of) and think about how you will “showcase” it.

## Dream It!

### Here are some Showcase Challenge Suggestions:

- Demonstrate something you made or learned about
- Make a poster or display
- Make a pamphlet
- Make a computer presentation (e.g. PowerPoint)
- Give a speech
- Write a report
- Use your new skills to help with the Club Achievement plans
- Or come up with your own idea. It is up to you and your leader!



## My Showcase Challenge Plan



My showcase idea: \_\_\_\_\_

\_\_\_\_\_

What materials and resources do I need? \_\_\_\_\_

\_\_\_\_\_

Who do I need to help me? \_\_\_\_\_

\_\_\_\_\_

When do I need to have things done by? \_\_\_\_\_

\_\_\_\_\_

## DISCOVER

### Do It!

Insert or attach your finished product or a photo of you sharing your skills in your Showcase Challenge.



### Dig It!

Now that you have showcased your project skills:

- How did your Showcase Challenge go?
- What would you do differently next time?
- How will you use your new skills in the future? (*in different situations?*)





# My 4-H Portfolio Page **Manitoba**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Year in 4-H: \_\_\_\_\_

Club: \_\_\_\_\_ Hours Spent on 4-H: \_\_\_\_\_ (Project and Other 4-H Activities)



## Discover Scrapbooking Project Skills Chart

To be completed by the leader and the member based on observations and conversations throughout the project.

Skill Builder	Members will be able to... Each Skill Builder had a Skills Checklist which identified the skill you will learn.	We know this because... Identify activities completed and record observations and information from discussions about activities.
1	<ul style="list-style-type: none"> <li>Identify tools used in scrapbooking</li> <li>Explore how to use them safely</li> <li>Decide what type of scrapbook to use</li> <li>Keep track of the cost for your project</li> <li>Find a storage container for your equipment and supplies</li> </ul>	
2	<ul style="list-style-type: none"> <li>Identify photos to use for your project</li> <li>Create a title</li> <li>Create balance and a focal point</li> </ul>	
3	<ul style="list-style-type: none"> <li>Understand colour schemes</li> <li>Identify tints and tones of colours</li> </ul>	
4	<ul style="list-style-type: none"> <li>Crop photos</li> <li>Mat cropped and uncropped photos</li> </ul>	
5	<ul style="list-style-type: none"> <li>Decide on your writing style</li> <li>Decide on the theme to write about</li> <li>Practice writing</li> </ul>	
6	<ul style="list-style-type: none"> <li>Use embellishments effectively</li> <li>Explain the cost of your project</li> </ul>	
Showcase Challenge	<ul style="list-style-type: none"> <li>Explain success in using the skills listed above</li> </ul>	

Additional Comments/Activities:

### Leader Point of Praise!

I am most impressed by...

I acknowledge that the member has completed the 4-H project requirements.

Leader's Signature: \_\_\_\_\_



## Above and Beyond!

In addition to project skills, 4-H also increases skills in meeting management, communications, leadership, community involvement through participation in club, area, or provincial 4-H events or activities. List below any activities you participated in this year in 4-H.

(Some examples include Executive Positions Held, Workshops, Communication, Community Service, Rally, Bonspiels, Conferences, Judging, Camps, Trips, Awards, Representation to Area or Provincial Councils, etc)


\*\*Feel Free to add additional pages that include awards, certificates, news clippings, photos or other items that describe your 4-H involvement.

## Member Point of Pride!

What I learned...

What I need to improve on...

What I want others to notice...

Member's Signature: \_\_\_\_\_



## Point of Praise! Another's perspective on your achievements in 4-H.

(community professionals, 4-H club head leaders, 4-H Ambassadors, friends of 4-H)

I am most impressed by...

I believe that you have learned...

In the future I encourage you to...

Signature: \_\_\_\_\_





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## 4-H Achievement

4-H Achievement is... a 4-H club celebration when members have completed their projects. Achievements are planned by the club to give recognition to members and leaders for their accomplishments in their 4-H projects and club activities.

DISCOVER

A 4-H Achievement can take many different formats: from choosing a theme, to member project displays, to members using their new skills for the event (entertainment, food, decorating, photographer, etc.), to members presenting their project to the whole group, the options are endless and open to the creativity of the members and leaders in each club!

Clubs may also plan their Achievement to promote 4-H to the community or to recognize sponsors and others who have helped the club.

Members and leaders - be sure to check your project books for the project completion requirements, so you will be ready for your club's Achievement celebration!

**If you have any questions, comments or suggestions  
for this or other 4-H projects contact:**

Manitoba 4-H Council  
Phone: 204-726-6136  
Fax: 204-728-9040  
Email: [learns@4h.mb.ca](mailto:learns@4h.mb.ca)  
[www.4h.mb.ca](http://www.4h.mb.ca)

This manual is for educational use only and is not intended as professional advice

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**For more information about 4-H and the many  
4-H opportunities available please visit**

[www.4h.mb.ca](http://www.4h.mb.ca)



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## DISCOVER

### **What is 4-H?**

4-H is an international youth organization involving more than 7 million members in 80 countries around the world.

In Canada, 4-H began in 1913 in Roland, Manitoba as a community-based organization dedicated to growth and development of rural youth. Today's 4-H program reaches both farm and non-farm youth across Canada. The motto of "Learn to Do by Doing" is embodied in the program, as 4-H focuses on skill development as well as personal development of life skills such as communications, leadership and citizenship.



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### **4-H Motto**

"Learn To Do by Doing"

### **4-H Pledge**

I pledge,  
My HEAD to clearer thinking,  
My HEART to greater loyalty,  
My HANDS to greater service,  
My HEALTH to better living,  
For my club, my community, my country and my world.

Manitoba 4-H project material is developed by  
Manitoba Agriculture